



The CANS-NY is intended to facilitate communication, to support decision making, and to track progress over time. In order for the tool to be integrated into practice and completed skillfully, the first step is to become fluent in the language of the CANS-NY. Remember the CANS-NY can be used as a communication tool by creating a common language to discuss a youth and caregivers needs and strengths. Fluency in CANS-NY can be developed by strategically working through these four stages.

# The Development of Fluency

**NOVICE**  
New to TCOM/  
CANS-NY

**DEVELOPING**  
Learning to Use the  
CANS-NY in Practice

**CONFIDENT**  
CANS-NY Organizes the  
Assessment Process

**ADVANCED**  
CANS-NY Driven Care  
Planning

- Reading the Reference Guide
- Item by item review
- Focus is on item descriptions, difficulty connecting those to action levels

- CANS-NY completed with youth/family
- Use action levels to build consensus
- In supervision, CANS-NY can be used to discuss the Plan of Care.

- CANS-NY completed collaboratively with child/youth
- Quickly Organize Needs & Strengths from the CANS-NY
- CANS-NY drives the Plan of Care

- Facilitate CANS-NY case reviews
- Align treatment targets with interventions and anticipated outcomes with objectives
- CANS-NY to track progress